



Season's greetings from the volunteers and staff at The Food Bank @ St. Mary's!

[Watch now!](#)

Volunteer Spotlight: David James

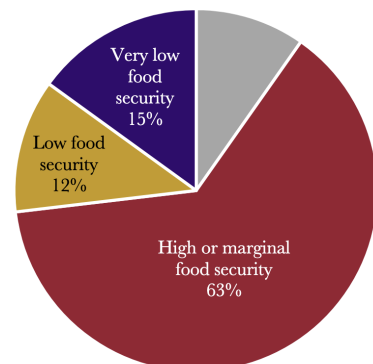


David James, home delivery driver and architect of our warehouse barn, is retiring after 26 years of service to The Food Bank @ St. Mary's. We celebrate David's dedication to our organization as well as his many accomplishments.

[Learn more about David on our blog](#)

Need for food insecurity assistance rises dramatically in Washington

A joint survey by the University of Washington and Washington State University reports residents in our state are experiencing a high level of food insecurity. Researchers believe those numbers mean some are going hungry and many more are not getting a steady diet of healthy food, or the kinds of food their families are used to making for themselves.



[Read the article](#)

Consider a gift to The Food Bank @ St. Mary's this holiday season



Not only does The Food Bank @ St. Mary's offer nutritious food to our community several times each week, we also provide another form of sustenance: the comfort of warm interactions with caring humans.

A visit to or by The Food Bank @ St. Mary's might be the only in-person contact a client has had for days – especially during the pandemic. These connections relieve hunger and sustain the spirits of our neighbors, volunteers, and staff.

[Donate](#)



The Food Bank @ St. Mary's | 611 20th Ave S | Seattle, WA 98144 US

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