

The Harvest Journal

November 2025 Edition

ABOUT US

DONATE

VOLUNTEER

Supporting Our Community with Hospitality, Respect, and Nutritious Food.

REMINDERS

We are open forwalk-in distribution every Monday, Wednesday, & Friday from 10:00 am – 1:00 pm.

We will be closed Friday, November 28th.

December Baby Week is 12/1, 12/3, and 12/5. Please arrive at 9am.

Thanksgiving Distribution is: 11/17, 11/19, and 11/21

Visit our <u>Amazon Wishlist</u> to find items our clients are currently in great need of and ship it directly to us.



Updates From Us

Our Annual Thanksgiving Distribution!

Our busiest week is almost here! Come by for food on Monday the 17th, Wednesday the 19th, or Friday the 21st between 10am-1pm.

We will be giving out whole turkeys, salt, sugar, chicken, eggs, oil, and more!

We Started as a Pantry Too...

As we watch the need for nutritious food increase due to SNAP and other benefits being cut, we know that small neighborhood pantries are our

partners in fighting food insecurity!

The Food Bank @ St. Mary's began as a small pantry, and now we serve over 2,000 households a week!

So, if you have the space for a small pantry box outside of your home, we recommend either starting one on your own, or getting a few neighbors together to start one!

You never know who is in need, so please join us as we break down the stigma of who the hungry in our community are.

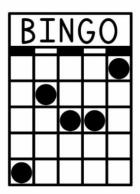
In the Central District, there are more than 12 book/puzzle/resource/food pantries - maybe it's your turn to start one on your street!



Free Community Event Coming Up! Tuesday, December 2, 2025
See Below for Details:

THE FOOD BANK @ ST. MARY'S

DECEMBER 2, 2025 GHT GIVING TUESDAY!



Free Family Event!

Come by anytime between 5pm and 8pm December 2, 2025

Bring the whole family!

Event is free, but if you are able, please either donate financially at the door or with a non perishable food item (see QR Code for current food needs)

The Food Bank @ St. Mary's feeds over 2,000 people a week, and has been a community staple for over 80 years! This Giving Tuesday, consider donating to The Food Bank @ St. Mary's



BINGO

PRIZES

SNACKS

Where: St. Joseph's Parish Hall - 732 18th Ave E, Seattle WA, 98112 Please Park in the lower lot along 19th Ave East











Thank You to Our Recent Volunteer **Groups and Food Drive Hosts!**

- Seattle Preparatory School
- Lakeside School
- Seattle Classical Christian School
- The Bush School

FACEBOOK CONTACT US

The Food Bank @ St. Mary's | 611 20th Ave S | Seattle, WA 98144 US

<u>Unsubscribe</u> | <u>Update Profile</u> | <u>Constant Contact Data Notice</u>

