



The
FOOD BANK
@ ST. MARY'S

The Harvest Journal

April 2025 Edition

ABOUT US

DONATE

VOLUNTEER

Supporting Our Community with Hospitality, Respect, and Nutritious Food.

REMINDERS

We are open for walk-in distribution every Monday, Wednesday, & Friday from 10:00 am – 1:00 pm.

May Baby Week is: 5/5, 5/7, and 5/9.
Please arrive at 9am.

Visit our [Amazon Wishlist](#) to find items our clients are currently in great need of and ship it directly to us.

Our Annual Impact Report is [HERE!](#)

Happy National Volunteer Month!

THE FOOD
BANK @
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Supporting our Community with Hospitality, Respect, and Nutritious Food
Impact Report FY 2023-2024



611 20th Ave S Seattle, WA 98144 • 206-338-7215 • www.thefbsm.org • admin@thefbsm.org

Updates From Us



**Our Easter Distribution is April
14th, 16th, & 18th from 10am-1pm!**

Chicken, Eggs, Oil, Salt, Sugar, Fresh Produce
and More!

Please bring bags and ID (not required).



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Save the Date

The Food Bank @ St. Mary's

25th Annual Harvest Dinner

There is Always a Silver Lining

9.27.25

Invites and Registration details to come! Doors open at 5:00pm.

Sunset Club
1021 University St
Seattle, WA 98101



There is Always a Silver Lining...

In September, we will be holding a special 25th Harvest Dinner! Our theme this year is "There is Always a Silver Lining" - come experience our most in-depth Harvest Dinner yet. Including dinner, auction, interactive walk through experience, special key note speaker, and live entertainment.

Save the Date! September 27th, 2025

[Click Here to Learn More!](#)

Sponsor the Harvest
Dinner

Donate an Auction
Item

What Happens if SNAP is Cut?

Food Banks nationally are consistently in need of more food donations to keep up with the increased demand of the hungry in our city, an alleviation to this need is through the use of SNAP. Please read the article below to see how our Food Bank will be impacted if SNAP funding is cut...

"Governor Bob Ferguson proposed a \$52 million cut to food banks as part of broader efforts to address Washington State's \$15 billion budget deficit. He emphasized that the state had been spending at elevated levels due to federal pandemic funds, which are no longer available. While the state will still allocate \$82 million to food assistance—

significantly more than pre-pandemic levels—Ferguson argued that it's not feasible to fully replace the lost federal funding. He suggested that faith based efforts might help make up the shortfall. How realistic are his suggestions? What else can be done?"

Read More: [WHAT HAPPENS IF SNAP IS CUT & FEDERAL FUNDING CUTS](#)

National Volunteer Appreciation Month!

The Food Bank @ St. Mary's would not exist today without the hard work of our volunteers! In 2024, volunteers donated over 22,000 hours of their time at the Food Bank. Be sure to be on the lookout this month on our [Facebook Page](#) for volunteer stories, stories, highlights, and ways you can get involved in your community.

HAPPY VOLUNTEER APPRECIATION MONTH!



Thank you to our March Volunteer Groups!

- TOPS K-8 (Planting the Seeds Program)
- SAAS (Seattle Challenge Trip)
- Whole Foods

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The Food Bank @ St. Mary's | 611 20th Ave S | Seattle, WA 98144 US

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